CCB
CHIPPENHAM · CORSHAM & BOX
Primary Care Network

NHS

Chippenham, Corsham and Box PCN

Working together for healthier, happier lives

Social Prescribers

A healthcare support role that connects people with non-medical support, community activities, groups and services to improve their health, wellbeing and quality of life.

Social Prescribers take the time to listen to what matters to the individual, helping people identify their needs, strengths and goals and connecting them with the right support. This can include:

- Loneliness and isolation
- Mental wellbeing
- Bereavement
- Housing and homelessness
- Employment and benefits
- Finances
- Physical activity and healthy living
- And other wider factors that can affect health.

Support beyond the GP surgery

Health & Wellbeing Advisers

A healthcare support role that provides person-centred advice and practical support to help people make sustainable lifestyle changes and improve their health and wellbeing.

Health and Wellbeing Advisers support people with:

- Weight management
- Healthy eating
- Physical activity
- Behaviour change techniques
- Motivation and goal setting
- Guidance and support with mental wellbeing (non-judgemental support)

They work alongside individuals to build confidence, develop achievable goals and support long-term positive changes to their lifestyle.

Small changes. Big differences.

Get in touch

We're here to help

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Healthier people Healthier communities